

Virtual Teen Dating Violence Prevention Group

Safe Dates Ages 12-13

Teen dating violence can happen anywhere and at any time. While social media avenues are a great way to communicate, they can also quickly become a place for mental and emotional abuse. Violence prevention programs focus on protective factors within the school and community. The goal of the Safe Dates curriculum creates a social support system for youth to increase protective factors and make healthy choices to cope with stress. The end result is a healthier lifestyle, better decision making, and a reduction in physical, mental, and emotional issues.

Please review the program information below. You can register for the Safe Dates Group here:

<https://www.signupforms.com/registrations/23519>

Virtual Teen Dating Violence Prevention Group Ages 12-13

Audience: Teens ages 12-13 \ **Duration:** 50 minutes every week for 10 weeks \

Seats: 10 \ **Available:** 9.2.2020

This group is for adolescents ages 12-13 and is intended to raise awareness about healthy relationships, setting boundaries, communication, and developing a social support system of peers. The topics covered include defining relationships; defining dating abuse; why people abuse; how to help friends; overcoming gender stereotypes; learning ways to prevent sexual abuse. The Safe Dates curriculum consists of 50-minute sessions every **Wednesday at 12 am** and will last for 10 weeks. This group will focus on empowering teens to actively make a positive impact on their lives.